



**Erik McLaughlin MD, MPH**

erikmclaughlin.com

## Public Health & Medical Leadership

With a background in addressing public health complexities, I specialize in formulating evidence-based strategies for issues ranging from communicable diseases to environmental health disruptions.

My systematic approach involves assembling and leading expert teams, utilizing rigorous methodologies, and leveraging interdisciplinary networks. I am keen on applying these principles to projects that prioritize evidence-driven interventions to optimize health outcomes.

What specific health concerns is your community or organization researching or trying to mitigate?

I'd like to explore how my expertise can align with your objectives.

“ I have delivered and led medical services on six continents. ”

## Medical Expertise Public Health Focus

Leading comprehensive interventions for holistic health outcomes.

### Experience

- **Public Health Expertise (11 years):** Leading multidisciplinary teams in devising public health strategies, mitigating disease outbreaks, and shaping health policies for diverse populations.
- **Executive Leadership (8 years):** As Chief Medical Officer, I've guided a spectrum of organizations, both within and beyond healthcare, emphasizing operational efficiency, evidence-based protocols, and strategic growth.
- **International Medical Experience (11 years):** Adapted and implemented medical solutions across diverse geopolitical landscapes, championing regional health needs and fostering international collaborations.
- **Progressive Medical Leadership (11 years):** Set and advocated medical standards, enhanced clinical practices, and played a pivotal role in the mentorship of emerging healthcare leaders.
- **Clinical Practice (13 years):** Implemented patient-focused approaches, guaranteeing excellence in care through advanced, evidence-based treatments.

### Highlights

**Outbreak & Disaster Management:** Led crisis interventions.

**Project Design & Leadership:** Crafted and executed robust healthcare projects.

**Multidisciplinary Team Building:** Assembled and guided diverse teams.

**Humanitarian Expertise:** Specialized in austere and public health contexts.

### Skills

- **Healthcare System Strengthening:** Augmenting healthcare frameworks to boost resilience and drive peak performance.
- **Public Health Management:** Expertise in assessments, interventions, and program rollout in diverse settings, including austere locations.
- **Project Leadership:** Spearheading policy design, implementation, and directing comprehensive public health initiatives.
- **One Health Approach:** Integrating human, animal, and environmental health perspectives to promote holistic public health strategies.
- **Diversity, Equity, and Inclusion:** Championing DEI in healthcare, ensuring representation, fairness, and inclusivity in public health interventions.



**Erik McLaughlin MD, MPH**

erikmclaughlin.com

## Athlete, Adventurer & Life-Long Learner

My passion for adventure has always been a driving force, both in personal pursuits and my professional journey. From the quiet discipline of trail running to facing global health challenges, I've always strived to push boundaries. My athletic endeavors taught me values like tenacity and perseverance, which I carry into every project and initiative.

At the heart of it all, my family provides a foundation of support and inspiration, reminding me daily of the real-world implications of the work I do and the world I hope to shape. This spirit of curiosity drives me to seek continuous growth, innovate, and make a meaningful difference.

## Languages

English

Spanish

French

Greek

Arabic

## Education

2023	Master's in Business Administration, MBA
2013	Fellowship in Rural and Remote Medicine
2012	Advanced Specialist Emergency Medicine
2009	Family Medicine Residency
2005	Diploma in Clinical Tropical Medicine
2005	Master's in Public Health, MPH
2005	Medical Doctorate, MD

## Timeline of Influence

<b>Public Health Leadership</b>	2017-Present
<p><b>Multiple States, Counties &amp; Tribes:</b> Spearheaded infectious disease interventions, public health initiatives, and non-communicable disease programs.</p> <p><b>AB Med Healthcare Solutions:</b> Drove public health initiatives, implemented epidemiological studies, and oversaw public health programs for diverse populations, including displaced, underserved, incarcerated, and marginalized.</p>	
<b>Medical Strategy on the Global Stage</b>	2009-Present
<p><b>AB Med Healthcare Solutions:</b> Managed multi-continent healthcare efforts, streamlined clinical operations, and tailored medical protocols for diverse populations.</p> <p><b>Adventure Doc:</b> Oversaw medical operations in unique environments, delivering critical medical intelligence and evaluations.</p>	
<b>Education &amp; AI Innovations</b>	2019-Present
<p><b>TeleDoc &amp; K Health:</b> Pioneered telemedicine consults, integrating AI to optimize patient diagnosis and care.</p> <p><b>Benedictine University:</b> Advanced public health education for global students; introduced courses and fine-tuned curriculum.</p>	
<b>Emergency Medicine Excellence</b>	2009-Present
<p><b>Healthcare Systems Locally and Globally:</b> From EMT to healthcare leader, I have delivered emergency medical services in urban and rural communities, leading teams, and implementing effective health protocols.</p>	
<b>Athletic Trailblazer</b>	1992 - 1997
<p><b>ESPN X-Games, ECO Challenge, and Professional races:</b> Set course and FKT records, recognized for exemplary performances in adventure races, and partnered with high-profile sponsors in the sporting industry as a professional adventure athlete.</p>	